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CNYDA

Fall 2006 President's Message

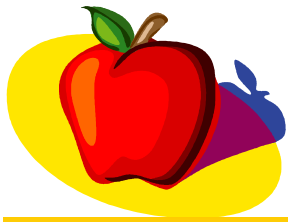
This is an exciting year for the CNYDA! The biggest item we have on our agenda this year is that we are hosting the 2007 New York Dietetic Association Annual Meeting here in Syracuse at the Marx Hotel on May 4th and 5th. The planning is already in full swing with Maria Mahar as the Meeting Chair. We are planning on about 21 local and national speakers in two days as well as many other activities including dinners, martini hours and hopefully great networking! We are going to need many volunteers and the full support of the CNYDA membership as we have big shoes to fill because the 2006 meeting in Rye Town, NY was a great success. Our goal is to make the dietitians of New York remember Syracuse as a great place for an annual meeting by highlighting the talent we have available and the great places to see here in Central New York.

Other important events this year include the continued quest to attain licensure and reimbursement for MNT. We missed licensure last year as it passed the Assembly, but was halted in the Senate. The bill will need to be reintroduced and hope that this will be the year. We will need the support of members when the time comes to contact our representatives and to attend Public Policy Workshops. There will be funding in the CNYDA budget to help those that are interested in participating in these types of activities. So please mark your calendars for May 14th and 15th to attend Public Policy Workshops and the Legislative Reception.

I look forward to supporting NYSDA in the vision to support members in becoming the most valued source of food and nutrition services. In this newsletter, I have outlined the strategic goals that NYSDA has outlined to support this vision, I hope that you will take a moment to look them over and see how you can help support the CNYDA, NYSDA and the ADA. We still have a lot of work to do to get our profession to be the most sought our source of nutrition knowledge.

I will close by thanking those who have a continued interest and commitment to the CNYDA and welcome the more than 30 new members this year.

Kimberly L. Glidden, RD, CNSD, CDN
CNYDA President



NYSDA Strategic Goals 2006 - 2007

NYSDA's vision is to make its members the most valued source of food and nutrition services. As one of the districts, it is our responsibility to support and carry through that vision. There are four strategic goals that NYSDA has set forth that will help all members to achieve this and the CNYDA has implemented tactics to support those goals.

The first goal is to maintain and build an aligned, engaged and diverse membership by maintaining existing membership, building membership, promoting cultural competence among current members, and building alliances with multicultural and organizations of diversity within NYS to promote membership. The CNYDA plans to support this by updating our website, which our website liaison, Robin Neal has been working diligently on. We plan to continue with communication through our list serve, newsletter and through networking events. We also need to recruit new members and to encourage our members to maintain ADA (and thus, NYSDA) membership. At this time we have about 10,000 dietitians in New York State, which is the second largest state affiliation next to California. Only about half of those dietitians are ADA members! The CNYDA will be hosting at least one networking event and hosting several lectures for CPE credit to help support and recruit new membership.

NYSDA's second goal is to influence key food, nutrition and health initiatives to attain licensure and reimbursement for MNT by June, 2007. To do this, NYSDA would like to increase funding in NYSDA PAC by 25%, seek out opportunities that influence licensure and key nutrition legislation and partner with groups promoting policies and initiatives that positively impact the health and the nutritional status of New Yorkers and influence licensure efforts.

For those of you that don't know, NYSDA PAC is the Political Action Committee that is set up to help pave the path for changes in the political arena. There is a spot on our membership form for a donation and we also include a space on the annual meeting registration. If every member donates a few dollars we could help provide the support that we need in Albany to meet our goal for 2007!

We also need members to support this goal by responding when our LNC, Theresa Geldard needs us. Theresa has done a great job in soliciting our representatives, but she can not do it alone! We need our local dietitians to visit and write local key Assemblymen to help obtain support for this bill which will be reintroduced this year. Remember, that it is not if, but when we obtain licensure.

The third goal stated by NYSDA is to increase demand for and utilization of services provided by members, by promoting the RD and DTR as the nutrition expert, increasing the number of RD's who are reimbursed for MNT and increasing the number of media contacts across NYS. The CNYDA can support these actions individually and as a group. We have many dietitians that participate with media events and the CNYDA promotes a great National Nutrition Month in the schools. We have pledged to continue with these activities and we will have numerous opportunities with the 2007 Annual Meeting here in Syracuse.

NYSDA's last goal to reach the vision is to empower members to compete successfully in a rapidly changing environment. NYSDA's plan to achieve this is to empower districts to support NYSDA activities, continue to educate district BOD members and to provide leadership training at the state and district levels. The CNYDA is lagging in this area because several BOD members were not able to attend the fall leadership conference and we do not currently have a public relations chair. However, that does not mean that we can not support NYSDA's goal. The CNYDA will continue to share knowledge among its members and look for the "seasoned members" to help lead this district. We have a lot of talent in our district and we will continue to call on that talent to help maintain and strengthen our district! I hope that individually and as a district that the CNYDA membership will search for how we can support our profession. Dietitians should be the most valued source of nutrition knowledge and if we do not make our voice heard, the media and other non-nutritional professionals will continue to drown us out.



Delegate Message - Fall 2006

Move the profession forward: It is a statement I hear frequently from leaders in dietetics. What does this mean to you and what part do you play? I have just returned from two leadership meetings and have a better understanding of my role as both delegate and NYSDA member to move the profession forward.

Dialog sessions at the Fall HOD meeting centered on the three mega issues:

- Student Dues Increase
- Nutrition Care Plan Process and Model
- HOD Structure and Governance

Using the Knowledge Based Strategic Governance model, round table discussions allowed all voices to be heard as we tried to come to consensus on the issues put before us. Regarding Student Dues, we heard from groups who suggested an increase of up to \$75, and from those who thought the affiliates should sponsor student membership. We came to a consensus that a dues increase is required at this time, though not as much as proposed in the initial information. The final motion reflects that decision.

HOD structure revealed affiliates wanted to keep their assigned delegate numbers (rather than decrease) and many wanted more representation from their Dietetic Practice Groups. The "at-large" category needs to be better defined, and this is what the motion will propose.

The dialog on Nutrition Care Process and Model seemed to take two different views. There are members who are currently putting the new ideas into practice and feel the changes are good. There are others who have found implementing the process to be difficult. I met with members who provided me with information for teaching and many who are willing to share their experiences with others.

That's when the concept of moving the profession forward hit me. Implementing the Nutrition Care Process and Model into your practice takes the most recent findings on outcomes and evidence-based practice into your hands. It uses the recommendations suggested by research to make our work have value, not only to our organizations, but the profession as a whole. The motion put forward for voting puts the responsibility of learning about NCPM in our hands. It also charges the House Leaders to come up with an implementation plan which will be shared by spring 2007. I am looking forward to helping members understand NCPM.

All of the motions are posted on the NYSDA website. Please find them under Delegate Pages. You will also find the final report of the Dietetics Education Task Force, with an email address for you to send feedback directly to the Phase 2 Task Force members. We will obtain more information about this process in spring 2007.

Enjoy the Season, Kathy Border, Delegate
Contact me at kborder@juno.com



Seeking Participants

Mothers from India in the CNY area needed for a study of food, family and health through the Child and Family Studies Department at Syracuse University. Mothers from India with 3-5 year old children are the target of this study which involves completing a written survey. There is \$10 food coupon incentive.

Please contact:

Kimberly Johnson, RD

(315) 443-4789

kejohn04@syr.edu

Nutritionist / Consultant

Conduct Nutrition Ed program for food stamp clients in eleven counties: Albany, Clinton, Columbia, Dutchess, Essex, Greene, Putnam, Saratoga, Rockland, Warren, and Washington; collaborate with the Food Bank of Northeastern NY. **Qualifications:** Registered Dietitian preferred / or BS in Nutrition / Public Health; 2 years community/public health nutrition exp. Strong computer skills, travel required. Annual salary \$41,500; you are responsible for the payment of Federal and State taxes; no benefits are provided. Submit résumé by Nov. 20th to Janis Graziano, Just Say Yes to Fruits and Vegetables, PO Box 40-63, Albany, NY 12204; or fax (518) 402-7220

Nutritionist Positions Exist in the Onondaga County Health Department

B.S. in Foods and Nutrition and R.D. or R.D. eligible required

Excellent Benefits & competitive salary

Please send resume by October 18, 2006:

Margaret Seiter R.D, CDN

Senior Nutritionist

Onondaga County Health Department - WIC Program

375 W. Onondaga St. - Room 12

Syracuse New York 13202

315-435-6830 (phone)

315-435-2224 (fax)

mseiter@ongov.net (e-mail)

Onondaga County Health Department is an Equal Opportunity Employer.

Board of Directors Meetings

Changeover Dinner and Membership Meeting

June 5, 2007

Details TBA

January 9, 2007

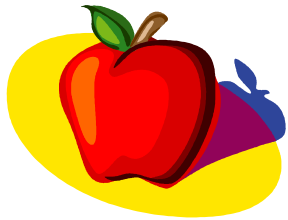
February 27, 2007

April 3, 2007

Cornell Cooperative Extension

All meetings are at 5:30

(Please RSVP to Kim Glidden as food will be served)



Save the Date

2008 Public Policy Workshop

May 14 & 15, 2007

Albany, NY

Save the Date!

CNYDA

Christmas Networking Party

December 7th

Details to Follow